

Struggle Is A Name For Hope Poetry

Slow Your Pace, Hope a Little Longer Victoria Grace Gehman 2022-01-15

This book holds a compilation of poems, chosen with the purpose of connecting and sharing hope with others, while simultaneously showing that it is okay to sit with the darkness, the pain, and the questions. It is important to voice one's honest thoughts, sharing them with others who may be feeling the same way, yet too afraid to speak it aloud. These poems are authentic - many of them written on the spur of a moment - relating to a circumstance either I or a loved one was currently facing. Written in the middle of the woods, written in bed curled up in a blanket, written over a cup of coffee, written in a doctor's office waiting room, written through tears, through pain, through joy, scribbled on a napkin, or typed on a laptop - each poem has a story. As you read, I hope that you will connect with at least a few of these poems and allow them to remind you: Though your story is unique, you are not alone. You are not the only one who feels this way. You matter, and your thoughts are worth hearing, too. Hope is not lost. Slow down and look for it.

I Hope You Stay Courtney Peppernell 2020-03-03 In the spirit of her bestselling series, *Pillow Thoughts*, Courtney Peppernell returns with a new, empowering collection of poetry and prose. From heartbreak to dreaming of and finding a new love to healing the heart to ultimately finding peace, the themes in this book are universal but also uniquely individual to readers. Just as moving and endearing as Peppernell's previous books, *I Hope You Stay* is a reminder of the resilience and hope needed after heartache and pain. The book is divided into five sections, with poems ranging from free verse to short form. These words are a light in the deepest hours of the night: Hold on. The sun is coming.

Stutters Mary Ricketson 2023-08-31 Advance praise for STUTTERS Mary Ricketson's new book of poems-Stutters-is accurate as a chickadee's chirp or an arrow's sting. The poet creates a legacy varied as the soil's grains scattering from opening fingers. -Shelby Stephenson was poet laureate of North Carolina from 2015-2018. His recent books are *Country and Praises*. Mary Ricketson invokes the inner courage of a personal difference seeking to come to light. Her poetry warms our hearts with its raw passion and fear, its joys and sorrows. As told over the course of her lifetime, she shares her stories within the voice of a stutterer, bringing us into her realm. Mary shines a light on what it's like to want to speak but often having to change her pattern or her words or even avoiding speaking at all, for fear of what might or might not emerge from her lips and throat. Mary's humility shines through in this book of poetry, as does her bravery, charm, and wit. As a speech language pathologist with over 26 years of clinical practice, I can attest to Mary Ricketson's hard-earned fluency today. As a colleague working with Mary with a local non-profit, I can attest to her dedication to women and to voices often not heard. Hearing Mary speak and recite her poetry is a time-stand-still kind of experience. Her canter draws you in, and though there is an occasional stutter or repetition, she has a bravery that elevates her through the moment and onto further words and prose. This is a most unique book of poetry. When I read her words on these pages, I feel she is here speaking them aloud to me in her own beautiful, passionate, and fluent, as well as disfluent, way. -Emory E Prescott, PhD, MS, CCC-SLP, author of *The Herbal Brain* Mary Ricketson's book, *Stutters, A Book of Hope*, takes the reader through Ricketson's journey of fear and frustration. Every word is a struggle in school. "Children tease, mock, mimic...copy my dreaded stutter." Ricketson suffers shame "tension grows like weeds." This book pulls at your heart's strings. It's honest and fascinating. Her voice finally responds to practicing rhythm and she finds peace in the healing power of nature. Ricketson's courage and strength shine through the pages. This book is informative and an amazing story of a woman who overcomes the storms of life. Ricketson writes with candor about her son who also stutters. Families struggling in the shadows of stuttering will find hope in this collection of poems. -Brenda Kay Ledford, MA; Retired Educator; Author of: *Blanche, Poems of a Blue Ridge Woman* and *Leatherwood Falls, Blue Ridge Mountain Poems* In Mary Ricketson's latest poetry book she shares with us a look at her personal life. At the age of seven Mary began stuttering as she tried to speak. She allows us to see the pain and embarrassment it caused her. Yet, despite this obstacle, she was determined to push past it and achieve her goals. Mary completed college, became a counselor and a poet. She has excelled in both places, thus helping and inspiring many people. This is a special read. -Glenda Barrett, author of *When the Sap*

Rises, and *The Beauty of Silence*. Bio Mary Ricketson's published collections are *I Hear the River Call My Name*, *Hanging Dog Creek*, *Shade and Shelter*, *Mississippi: The Story of Luke and Marian*, *Keeping in Place*, and *Lira, Poems of a Woodland Woman*, and *Precious the Mule*. She won first place in the 2011 Joyce Kilmer Memorial Forest 75th anniversary national poetry contest. Mary's poems reflect the healing powers of nature, path she follows from Appalachian tradition, surrounding mountains as midwife for her words. She is a mental health therapist in private practice in Murphy NC and likes her writing groups, hiking mountain trails, and her garden of vegetables, flowers, and blueberries.

A ROUTE OF HOPE - dealing with Anxiety Disorder through Writing & Poetry Katie Ruth 2018-10-01 If you appreciate poetry, you will be encouraged by this collection of poems. It is an excellent resource for finding hope in the midst of suffering from a mental disorder (anxiety), supported by Scripture. About the Author: Katie Ruth was diagnosed with Anxiety Disorder in 2005. She spent years searching for support groups that would bring together her interest in mental health support and her faith as a Christian. Then she found Fresh Hope. During her early years of living with anxiety, Katie found release in writing poetry that reflected her developing faith and her progress through God. She writes, "I hope this book may be an encouragement for anyone suffering with anxiety. I hope the poems bring a glimpse of the comfort, direction, and pure love that God has for us." Now able to face the world head-on, these poems trace her route of recovery, eventually enabling her to live a life of normality. Katie lives in Portsmouth, England. This volume is broken down into the stages of Katie's journey. Each stage has a number of poems which address her journey through that stage. The stages are: Nature Struggles Pure Love Perseverance Celebration So, if you've ever suffered from, or are currently suffering from anxiety attacks, then download this book, because its message will speak to you and help lead you through the stages from hopelessness, through perseverance to hope thereby improving your mental health. If you know someone who has, or is, suffering from anxiety attacks, then download a copy and send this book to them for the same reasons. Katie Ruth has spoken to mental health sufferers all over the United Kingdom and has also done a number of engagements in the USA. To book Katie Ruth, contact her at katie@anderson.info

REVIEWS In her mother's own words: "The gift of writing enabled her to track a route of hope on the journey to recovery." Here you will find a disarming charm and sincerity that allows grace to take you unawares. the truth is simple - God is very close and He loves us. His love is what our hearts need to be healed. Katie's poems remind us of these most essential truths and they make us smile....because suddenly we know - this is true and she has lived it.

Sarah de Nordwall A bard with a bard school If you've ever wanted proof that there's truly a light at the end of the tunnel - Katie Ruth is it! John Halsted Author ===== TAGS: A ROUTE OF HOPE, Katie Ruth, write, Mental Health, Anxiety Disorder, road back, support group, help, assistance, Christian faith, Christian poems, poetry, scripture, Fresh Hope, hopelessness, hopefulness, way out, normality, panic attacks, light, tunnel, Nature, Struggles, Pure Love, Perseverance, Celebration

India's Freedom Struggle and the Urdu Poetry Gopi Chand Narang 2022-12-30 Poetry, mainly Urdu poetry, played a very significant role in India's freedom struggle. This book explores the poetic contributions going back centuries of colonial rule, which became songs of freedom and captured both the poignancy and fervor of revolution, protest, and hope. Urdu became one of the essential languages in colonial India, used by both political leaders and many young revolutionaries in speeches and writings as slogans for freedom and a call to action. Poets such as Josh Malihabadi, Firaq Gorakhpuri, Sahir, Makhdoom, Kaifi Azmi, Majaz, Majrooh, and Faiz Ahmad Faiz wrote highly patriotic poetry which was used not only to inspire and help mobilize people but also to offer criticism of existing socio-cultural practices in India and promote reform and equality. This work - a creative and selective translation of the book *Hindustan Ki Tahriik-e Aazadi aur Urdu Shaa'yiri* by Professor Gopi Chand Narang - includes English translations of poems from rare historical manuscripts as well as banned and witnessed poetry confiscated by the British. It looks at key events in India's struggle for freedom through the prism of literature, language, poetry, and culture while also delving into the lives of poets who became the voice of their generation. This book is an essential read for students and researchers of

colonial and postcolonial literature, cultural studies, comparative studies, history, and South Asian literature and culture.

Gather Seeds of Hope K.A. Bloch 2023-04-18 From the best-selling author of the award-winning book, *Scatter Seeds of Kindness*, a new collection of poems and stories with the theme of finding hope wherever you can, even when things seem dim. In *Scatter Seeds of Kindness*, the reader was encouraged to be kind to others and themselves. *Gather Seeds of Hope* continues that message but also encourages the reader to hold onto hope whenever they can and share it with others in need. Balancing deep topics such as regret and death alongside lighthearted subjects, this collection is thought-provoking, empathetic, deeply personal, and told in a very relatable manner. You will laugh, smile, gasp in surprise, or perhaps shed a tear as you experience a range of emotions with the goal of always finding hope in every situation. Whether you are a poetry lover or new to the genre, something in this book will touch your soul and bring forth light into an often dark and challenging world.

Poems of Hope Sylvester Hagan 2010-01 It is my hope and prayer that this book will help those that are experiencing difficulties in their lives and have experienced difficult situations. The book is also designed to help those who have disabilities and it is my hope that one or more of these poems will give you hope and encouragement. I am also writing through real life experiences or real life events that I have experienced in my life. Every poem in this book has a true meaning of life. I have never written a book before, until God spoke to me, and asked that I deliver this to encourage you, and help bring inspiration in your lives. I hope each poem will help you in some profound way. Just remember that all of us have a pretty large collection of struggles that weakens our chance to succeed. I hope that you will share what you have learned with your struggles just as I have shared myself, and my life, with you.

Struggle-Hope Prince Midas Lawrence Mays 2009-01-24 *Struggle-Hope* is a book of poetry written by Lawrence Mays. Mays, a 21 year-old published poet and playwright, brings a realistic view of the ups and downs of life told by someone who has lived it. "Struggle-Hope has been a long journey into the deep depths of myself. For years I have been digging internally, searching for some self-purpose and understanding. That is an journey that will last a lifetime. But, so far I have discovered that my life switches between struggle and hope. My struggles always seem to get the best of me. They causes me to reach my breaking point. But right when I get to the end of my threshold, God always seems to send me a glimmer of hope." -Lawrence Mays *Struggle-Hope* promises to be an enlightening read that will take you on a roller coaster of life, lessons, and wisdom. Allow *Struggle-Hope* to be your reference for life changing wisdom and uplift.

America, We Call Your Name 2018 Poetry. African & African American Studies. Soon after the 2016 presidential election, Sixteen Rivers Press, a shared-work collective of Northern California poets, conducted a nationally advertised call for submissions, seeking unpublished poems that would "respond to the cultural, moral, and political rifts that now divide our country: poems of resistance and resilience, witness and vision, that embody what it means to be a citizen in a time when our democracy is threatened." In a matter of weeks, the press received over two thousand poems. The work came from across the country, from red states and blue states, high schools and nursing homes, big cities and small towns. At the same time, the poet-members of the press were asked to nominate poems. These poems could be old or new, published or not, the poets living or dead--anything from anywhere that spoke to this moment in the voice of poetry. In this way, we gathered another three hundred poems, ranging from Virgil and Dante to Claudia Rankine and Mai Der Vang, from Milton to Merwin, from Bai Juyi to last Thursday's just-posted Poem-a-Day. This anthology is a blend of poems from these two sources, each of its nine sections a kind of town-hall meeting where citizen-poets gather to raise their voices, now raucous, now muted, now lyric, now plain: voices responding with dissent and consoling with praise, perspective, vision, and hope. Around 1950, Pablo Neruda wrote the poem, "América, I do not call your name without hope" to a Latin America in crisis. In this anthology, Dean Rader's poem, in the spirit of Neruda but in the time of Trump, speaks, under the same title, to our America: "this is for you and your fear, your tar; / for the white heat in your skin and / for your blue bones that one day may sing." The title of our book echoes this cry: America, listen to what your poets are saying. Are we the corrosive, racist, authoritarian regime that the 2016 election brought to power, or are we a democracy, that fragile, imperfect form of government that must be constantly guarded in the struggle for equality, justice and freedom? In resistance and resilience, and not without hope, America, we call your name.

Struggle is a Name for Hope Renny Golden 1982-01-01

Poetic Struggles Lenard Pierce 2013-11-19 Why I Wrote! What Made Me Write My Books? I wrote Testimonial Poetry and Poetic Struggles to share my experiences. It consists of my personal Testimony of how God has answered my prayers. How He has blessed me and save me from a life of self destruction. I consider Testimonial Poetry to be instrumental and encouraging to others who are faced with trouble, adversity, addiction, and a lack of hope and faith. This is my way of doing God's work. I believe that my readers will find my Testimony to be uplifting and very beneficial. How Did My Books Change My Life? In answering that question, it's too soon to tell. However, just the acceptance by my publisher and the encouragement the staff has given me is a serious confidence boost. I can now be considered a legitimate author with the publication of two books, Testimonial Poetry and Poetic Struggles. How Did My Work Change Others Lives? It was my objective that my work be an inspiration for others to seek God for hope, peace, prosperity and salvation; to submit their troubles and issues faithfully to God for His divine intervention. As for change in my relationships, the people closest to me have become extremely proud and supportive. They realized the sincerity and seriousness of my life taking a turn for the best. They love me more; they respect and support me wholeheartedly. What Would I Say To Someone Who Can't Read? To an illiterate person I would say do not stay stuck in such a predicament. It's never too late to learn. Unless you have some type of medical disability that hinders your learning, a mind is a terrible thing to waste. Do not be ashamed, stubborn, or too proud to seek the necessary help that can change your situation. First of all, prayer will get you started and faith will guide your paths. From The Author of Testimonial Poetry and Poetic Struggles. Lenard Pierce

Poetry of Love & Hope Alex Montez 2010-08-20 There is an old expression which states, "write what you know". That is exactly what this young, new author has done. In his first book, *Poems of a Wounded Heart*, Alex used his own pain and heart ache he experienced on his road to find true love as his muse. Alex is now in a loving, committed relationship and now his heart sings with joy and happiness. His newest book, *Poetry of Love & Hope* was born from his new found love and outlook on life. Alex believes we were put on this earth through the love of God and that giving and receiving love is what all humanity has in common. Love is the one thing no one should live without.

A Struggle Worth Waiting For Jenae Hughes 2018-04-13 This book is not only a way for the readers to find hope in any difficult situation that they may be going through in their lives but it is also a way for me as the writer to have my own voice. I did not write these poems mainly for this book. They were simply poems that I have written at many different times of my life. Truly this book of inspirational poems is meant to guide and help anyone who needs it and ensure them that they are not alone. I hope that you can get lost in these words, escape reality for a while, and return with a smile you didnt have before.

You Better Be Lightning Andrea Gibson 2021-11-09 2023 Feathered Quill Book Awards Gold Medal Winner 2022 Independent Publisher Book Awards (IPPY) Gold Medal Winner 2022 Over the Rainbow Short List 2021 Goodreads Choice Awards - Best Poetry Book Finalist 2021 Bookshop's Indie Press Highlights *You Better Be Lightning* by Andrea Gibson is a queer, political, and feminist collection guided by self-reflection. The poems range from close examination of the deeply personal to the vastness of the world, exploring the expansiveness of the human experience from love to illness, from space to climate change, and so much more in between. One of the most celebrated poets and performers of the last two decades, Andrea Gibson's trademark honesty and vulnerability are on full display in *You Better Be Lightning*, welcoming and inviting readers to be just as they are.

The Publishers' Trade List Annual 1984

Poems of Encouragement Min. Robert Earl Sizemore Jr. 2012-06-06 This Book which is called *Poems of Encouragement* it is meant to do that encourage. These are words that I hope help during the times of struggle and lift up the spirt of a believer when it is shaken, but also its for someone who does not know about the Lord and Savior Jesus Christ, this will get them to want to know about God and why I speak the way I do. God Bless.

Vanity Dies — Hope Lives Mary Hope Ibach 2012-03-14 This is a compilation of remembrances of struggles and trials and of overcoming the evils and discouragement that enters our lives. Because when we forget just what we have come through, remembering the past strengths and the lessons learned,our future awaits.

Poetry in the Dark Malcom Gordon 2016-12-05 *Poetry in the Dark* is not an autobiography. However, I only write about things Ive endured. With

this book, I hope to reach as many people as I can. I want anyone who can relate to no longer feel alone. The book tells the story of life that's ignored and suppressed, stories of struggle and triumph, loss and gain, hope and doubt, and love and hate.

Passing Through Timmetria Thomas 2019-04-04 Passing Through represents elevation! Spiritually leaving from one place in your life to another. I felt freedom at the tip of my pen! I was able to embrace transitioning as a person. While writing off my past life and reflecting on challenging situations, I was allowing God to make the necessary changes. I felt extremely blessed to use my struggles to help inspire and encourage others. We are responsible for executing the vision God has given us! Our struggles make us qualified!

Struggle by the Pen Ondřej Klimeš 2015-01-27 In Struggle by the Pen, Ondřej Klimeš explores the emergence of national consciousness and nationalist ideology of Uyghurs in Xinjiang from c. 1900-1949.

Light in My Darkness Linda Kruschke 2014-12-07 Light in My Darkness is a book of poetry chronicling the author's struggles with major clinical depression and how God was a light in her darkness of depression. This poetry offers hope for others struggling not only with depression but other trials and tribulations that life throws at everyone of us at one time or another. What others are saying about this small volume of poetry: "It won't take very many people to turn their lives around for this book of poetry to be a spiritual success and victory. It will go further than a few people - it is destined to reach many who are in depression and see no hope! Linda describes the depression so well - but she goes way beyond and gives the Answer, the Source of Healing!"

Carol J. Wright, Lake Oswego, Oregon. "Reading through Linda's poetry is not a matter of mere lines. Every poem requires a deep breath and a substantial pause." Leanne Forster, Olympia, Washington. "Never underestimate the sheer power of poetry. It is formidable. Linda knows this, and she has compiled this book from direct experience. And that is remarkable. I hope you'll read this with an inquisitive heart and an eager mind. Good poetry should carry a weight of truth wherever it might lead. All that it requires is all of you. Poetry requires your full attention, at least to appreciate it fully. Linda honors God in what she has written. I know her intention is to bring Him glory, and she does it fearlessly. What you read here comes from life's furnace-things will be imparted through these poems. I pray the Lord's blessing on this little book. Read this book. Squeeze out the truth each poem has. I know that the author would appreciate it immensely." Bryan Lowe, Homer, Alaska.

My Diary Poetry of Hope, Despair & Freedom Cecilia Naa Densua Quarshie 2011-09-19 This book is made for all individuals who may be in different emotional states from time to time in their daily lives. It serves as a therapy in soothing wounded hearts, negative thoughts and unfortunate experiences in life. The poems have been divided into different sections where some are religious base; few address educational issues and others are on emancipation or the struggle of the oppressed. The poems on religious backings are much focused in the Christian religious ways where a few references are made from the Bible. The motivational section is mainly to serve as a therapy to people who fall victims of different emotional states in life like bitterness, unforgiveness, giving up, marriage, true love and so on. For classroom purposes such as discussions, the writer uses a number of literary features in some of the poems. Some of the poems are clear and straightforward whereas others are not straightforward. Some get the interest of the reader going as this keeps the reader in suspense and anxious for what follows next. It is the writer's hope that all readers make good use of the book in their own unique ways.

Sense and Finitude Alejandro A. Vallega 2009-03-18 Takes Heidegger's later thought as a point of departure for exploring the boundaries of post-conceptual thinking.

This Is Me Corinne Crowder 2015-12-10 "This is Me" is a collection of poems Corinne wrote between the ages of 13 and 20. Life became a dark time for her at age 13 as she began to struggle with mental illness and it would continue to plague her for her entire life. Corinne also would fight a continuous spiritual battle between good and evil. She turned to poetry as a way of escape to help ease her pain and suffering. This poetry shows the dark side of mental illness while also showing the promise of hope and healing through life's struggles with the anchor of faith. Corinne's desire is that her writing can somehow shed a light into the darkness of the mind and help anyone out there who is also struggling.

Shine On Margaret Camelia James 2019-03-15 Shine On contains a number of poems revealing circumstances and situations of life. It expresses beauty, love, strength, faith, inspiration, history, and a bit of folly, which brings out a clear picture of what the author is revealing.

They compare and contrast realities of the struggles of living and striving to achieve goals in spite of obstacles and disappointments. This book is a source of hope and encouragement to the reader.

From Despair To Hope And Healing Barbara K. Mezera 2019-01-11 From Despair to Hope and Healing presents a collection of poetry written over two decades by author Barbara Mezera. It chronicles the journey of a woman struggling to keep her depression under control and searching for meaning in her job, her career, her family, and her relationships. Although her verses are dark at times, there is always a glimmer of hope that someday she would fit in somewhere, make a difference in someone's life, and find her own fulfillment and enjoyment. The poems are both personal and universal. In works such as "Final Solution" and "Struggling" Mezera captures the loneliness and desolation of depression. She also offers poems like "July 25, 1986" celebrating the joyous birth of her nephew, and "The Road to Recovery" considering her long climb to hope and healing. With this collection, Mezera steps outside her comfort zone to share her poetry with the hope that her words may touch and help others who are facing struggles as she has.

Poetry 2Life D.D. Wright 2012-09-29 Poetry 2Life is a compilation of poems written while observing and overcoming different phases of life. The poems were inspired by the pains faced while living and the spirit of determination to overcome them all. The poems were written from the perspective of different eyes: a child, a mother, a teacher, are just a few. This special collection of poetry is one that can be appreciated by all ages and hues. Each section of Poetry 2Life expresses the sentiments of three different phases of life: * Youth: Unlearned Innocence - a time where innocence leads to lessons learned. * Struggle: Pathway To Redemption - the experiences that can not be avoided by life yet give the stamina and wisdom to continue living * Love: Illuminated In The Dark - the beauty and the pain of life's most significant feeling. Poetry 2Life will be a reminder, that regardless of circumstances and locations, there is always a lesson to learn, a facet that can be appreciated after the storm. Allow the poetry in these pages to touch, inspire and motivate.

Peace of Hope Angela Hope Stevenson 2021-01-20 Peace of Hope is a collection of poems and paintings that take you to the depths and commonality of all human experience! She illustrates love, loss, and liberty with her beautifully flavored words. She speaks about her debilitating struggles with Ataxia and the treatment she has experienced dealing with this condition. She is not afraid of showing her brokenness and reveal the medals triumphed. This "tell-all" serves as encouragement for those who may have wrestled with a disability or any oppressive force. You can overcome it. "Peace Of Hope" is a book for the resilient and all those who desire to be. This culmination of feelings, declarations, and confessions was nothing less than exciting to experience. This expression journey allows the reader to visualize the gut-wrenching pain and overwhelming triumph that each poem so rawly depicts. I believe the writer is brilliant and transparent in her visual and verbal truths. Excellent! - Master Gab I was blown away by the prolific imagery in this book! Her use of metaphors and anecdotes are as illustrative as her paintings. - Tarrance Maxie

The Struggles of Love and Life Poetry Tonga 2009-03-20 This book is about the struggles we face in love and life. It will give you hope when you are feeling down. Some of the things are situations I went through in my life. I will not give specifics. In this world today we can still make it regardless of what people say. We can control our own destiny in our life. Remember to always think positive no matter what happens.

Heartbreak to Hope Kara Bowman 2021-02-27 Kara Bowman's Heartbreak to Hope is a wonderfully sensitive and poetic accompaniment as we journey through grief. It captures so much of the darkness and difficulty of that journey while holding out hope that through those difficulties one can still get to a sense of peace--even growth. I wish every individual struggling with grief could have a copy! --Kenneth J Doka, PhD, Author, Grief is a Journey, When We Die: Extraordinary Experiences at Life's End. Kara Bowman, LMFT, CT, CCTP, C-GC, is a licensed Marriage and Family Therapist who specializes in grief and trauma. She holds advanced certifications in Grief Counseling, Trauma, and Thanatology (the study of death and dying). Kara is passionate about helping people who are grieving through her private practice, as a hospice volunteer, by giving talks to the public and training therapists. Kara lives with her husband in Santa Cruz, California. For more information, please see www.karabowman.com.

Hope Against Hope Lowell Jaeger 1990

Love Songs to the Black Man Janet Elizabeth Brodie 2016-06-22 Love Songs to the Black Man is a collection of poems that tells the story of

struggle and triumph. The verses convey a reflection of love and an expression of hope. As a tribute to historical figures and the common man, the poems are a proclamation to the passion, beauty, and strength of the human experience.

Through the Struggle Kimberly Haverhals 2018-04-19 This is the journal of a young woman whose life's journey has been rocky and rough. These are her words as her journey progressed. Though the images are often dark, they only serve to paint a picture of the pain and the hope. No life is complete until it is and this woman's journey is not complete, although as a reader you will want to cry at times and laugh at others, her words will pierce into your soul and maybe, just maybe give you hope in your pain and darkness. Sometimes her mindset, as reflected in her passages, is confusing, but if you persevere all will become clear. The dates on the final passages of this journey are intended to show progress toward hope. All the passages are sequential in this book and therefore mirror her journey. Consequently, they reflect all the valleys and mountains one would expect to traverse in a difficult journey. Now, start your own journey through this woman's soul and discover your own. Keep your tissue nearby...you might need it.

The Struggle, the Hope Gregory A. Tate 2012-04-01 Step into the depths of a struggling soul that learns of his personal strengths through the struggles, the pains, the anguish, and the faith that becomes the catalyst to one's own personal achievements. "The Struggle, The Hope - A Poetic Faith," is a book of poetic encouragement more than anything. It was designed for the reader who is ready to move forward and deal with past issues. Hopefully you will feel and understand what the writer is conveying through the truths and the real. This book is for anyone ready to turn past negatives, into future positives.

Line After Line Z. Lewis 2007-12 Z. Lewis was born in Houston, Texas, in 1978. Biblical studies are her passion. She enjoys writing about life as she sees it. She has battled with depression since the age of fifteen and has been admitted to several hospitals for treatment. In her teen years she learned the Word of God attending church, and as an adult she is learning to apply the Word of God to her struggle with depression. Studying God's word gives her the strength to continue this battle over depression. Being able to express her feelings in poetry gives her great joy. Being able to share the joy of her poetry with others adds meaning to her life.

Heart struggles, and other poems [signed L.F.] L. F. 1859

Hope Is the Thing with Feathers Emily Dickinson 2019-02-12 Part of a new collection of literary voices from Gibbs Smith, written by, and for, extraordinary women—to encourage, challenge, and inspire. One of America's most distinctive poets, Emily Dickinson scorned the conventions of her day in her approach to writing, religion, and society. *Hope Is the Thing with Feathers* is a collection from her vast archive of poetry to inspire the writers, creatives, and leaders of today. Continue your journey in the Women's Voices series with *Jane Eyre*, by Charlotte Brontë and *The Feminist Papers* by Mary Wollstonecraft.

From Despair to Hope and Healing Barbara K. Mezera 2014-01-15 *From Despair to Hope and Healing* presents a collection of poetry written over two decades by author Barbara Mezera. It chronicles the journey of a woman struggling to keep her depression under control and searching for meaning in her job, her career, her family, and her relationships. Although her verses are dark at times, there is always a glimmer of hope that someday she would fit in somewhere, make a difference in someone's life, and find her own fulfillment and enjoyment. The poems are both personal and universal. In works such as "Final Solution" and "Struggling," Mezera captures the loneliness and desolation of depression. She also offers poems like "July 25, 1986," celebrating the joyous birth of her nephew, and "The Road to Recovery," considering her long climb to hope and healing. With this collection, Mezera steps outside her comfort zone to share her poetry with the hope that her words may touch and help others who are facing struggles as she has.

Poetry: The Epitome of Life and Hope Dominique Wrizile 2012-12-29

Poetry: The Epitome of Life and Hope presents a touching collection of poetry that explores four vital themes: life, love, hope, and struggle. In these verses, author Dominique Wrizile explores the mutability of the human condition through often wistful language and philosophical meditations. Exploring both the challenges of seemingly insurmountable obstacles and the courage needed to move ahead, Wrizile's poetry is emotional and inspiring. The poems in *Poetry: The Epitome of Life and Hope* explore the story of a young man whose origins on one continent enhance his current existence on another. Through his poetry, we come to understand the struggles and challenges that have brought him to the

place where he is today. Courage So far, so good. The storm blew, but I stood, holding on the best I could. The imperfection I conquered; in my eyes it seemed impossible, but a man in the mirror said I was capable and now I can see the walk is walkable. Hope was the key. Determination led the way. Courage was the horizon. Patience made me stay. Hope is the best thing; without it I could do nothing. Even when it was troubling, because of hope I was smiling. A person without hope is like a ship without a compass. I am glad hope found me; otherwise, I would not be here.

The Pain, It Shapes Her World Dominica Applegate 2017-12-27 *THE PAIN, IT SHAPES HER WORLD*, is a full-length debut collection of two hundred poems, musings, philosophical rants, and reveries by author and poet Dominica Applegate. Composed during a time of intense self and spiritual discovery, it's a steady stream of conscious thoughts and emotions evolving from the pain of a broken heart, disillusionment of a perfect life, and hope for a spirit of healing and restoration. It encapsulates mourning. It dreams magic. It travels through the dark night before the rise of a beautiful dawn. Journey with Dominica at her most vulnerable state, through mountains of pain and valleys of hope. You'll see grief, you'll see hope. You'll see a woman wobbling on life's tightrope. Perhaps you'll bear witness to your own inner struggles as you read, and if so, may you find comfort and healing for your own journey.

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